

Steps2Walk Foot and Ankle Minifellowship

Faculty: Federico Usuelli (Italy), Naren Gurbani (USA), Christopher Gross (USA), Ariel Palanca (USA), Marek Napiontek (Poland), Łukasz Kołodziej (Poland) Henryk Liszka (Host)

Monday

Monday, 23th of May 2022: Case Conference

Place: University Hospital in Krakow – Jakubowskiego 2 st., building A (Aula)

Program: <https://krakowlab.pl/symposium/program>

Tuesday

Tuesday, 24th of May 2022: clinics day and share your case with the faculty

Place: Department of Orthopaedics and Traumatology of University Hospital in Krakow – Jakubowskiego 2 st., building G3 (Conference Room)

8:00 -8:25 Check-in, badges, signing of documents

8:25-8:30 Welcome Speech

8:30 – 11:00 Clinics day

7 patients prepared by local faculty

11:00-11:30 Coffee break

11.30-12:45 Share your cases with the faculty: total of 5 cases

Each participant will give a presentation of his case (5 minutes presentation) and they will be discussed with faculty: 10 minutes discussion for each case

12.45-13:30 Lunch

13:30-16:00 I am very proud of this!

Faculty shares cases with attendant

Each member of the faculty will give a 15 minutes presentation on his best case

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Wednesday

Wednesday, 25th of May 2022: live surgeries, clinics day

Place: Department of Orthopaedics and Traumatology of University Hospital in Krakow – Jakubowskiego 2 st., building G3 (Conference Room)

8:00 - 8:30 Introduction to the day

8:30 – 13:00 live surgeries (total of 4 cases)

13:00 - 14:15 Lunch

14.15 – 16:15 Clinics day

7 patients prepared by local faculty

Thursday

Thursday, 26th of May 2022: live surgeries, memories Steps2Walk 2019

Place: Department of Orthopaedics and Traumatology of University Hospital in Krakow – Jakubowskiego 2 st., building G3 (Conference Room)

Moderator:

8:00 - 8:30 Introduction to the day

8:30 – 13:00 live surgeries (total of 4 cases)

13:00 - 14:15 Lunch

14.15 – 16:15 Memories from 2019. Presentation of cases from Step2Walk 2019 with video messages from patients (4 cases)

Format for each case: presentation (10 minutes – discussion (10 minutes) – video message

Friday

Friday, 27th of May 2022: cadaver lab

Place: Department of Anatomy Jagiellonian University Medical College – Kopernika 12

Each procedure will be demonstrated by the presenter at the master table for 10 minutes then followed by the dissection by the attendees.

FOREFOOT SESSION: 8.30 – 10.00

- 1) Lapidus Arthrodesis: three dimensional correction

Lab 1 8.30-9.15

- 2) MTP I arthrodesis

Lab 2 9.15-10.00

CALCANEAL OSTEOTOMIES 10.00 – 11.00

- 1) Osteotomies and tendon transfer to treat flatfoot deformity.

Lateral column lengthening, medial slide, Cotton osteotomy, FDL transfer

Lab 3 10.00-11.00

Tea Break 11.00-11.15

ACHILLES TENDON AND ANKLE INSTABILITY 11.15-13.00

- 1) FHL tendon transfer for Insertional Achilles Tendonopathy

Lab 4 11.15-12.15

- 2) Lateral ligament reconstruction. Autograft, allograft and synthetic brace

Lab 5 12.15-13.00

ANKLE AND HINDFOOT FUSIONS: 13.00 – 15.00

- 1) Ankle fusion

Lab 6 13.00-14.00

- 2) Double arthrodesis – medial approach

Lab 7 14.00-15.00

CLOSING REMARKS